

**M I N T**  
*Publishers Group*



**FALL 2003**



## The 2004 Formula 1 Annual Forward by Bernie Ecclestone

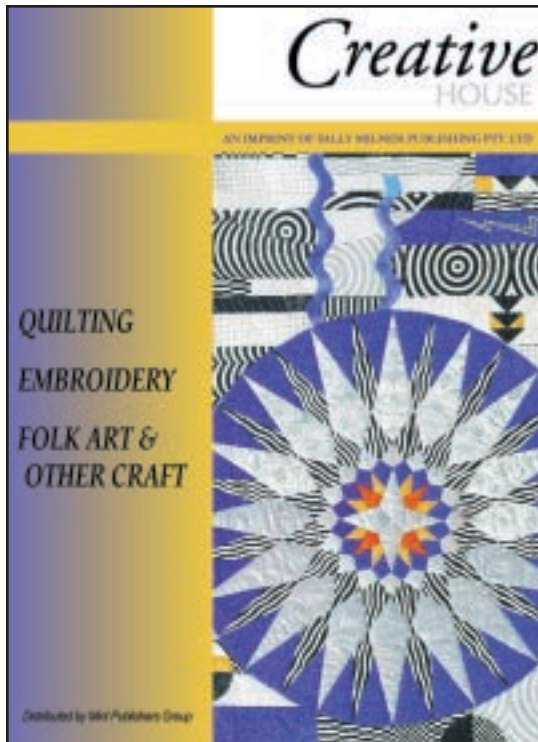
*The OFFICIAL publication of Formula 1. Grand Prix racing, restricted to one in a country. Will be slightly revised for earlier publication to catch Christmas sale.*

- Formula 1 Magazine published monthly, sells, net, 20,000 copies/month in North America.
- Official publication, weights 7 Lbs. And tremendous retail price - excellent value

Nigel Mansell is widely known in Grand Prix racing circles and is the fourth all-time winner of Grand Prix races.

Bernie Ecclestone is the owner of Formula 1 (akin to one person owning all the teams in the NFL). Has taken Formula 1 private to expand the brand worldwide.

**Publisher:** Formula One Publishing  
**Price:** \$40.00 US; \$60.00 Canadian  
**Trim Size:** 9.5" x 12" • **Format:** Hardcover  
**Pages:** 670+ • **Illustrations:** color throughout  
**ISBN:** 0-9544147-1-3  
**Publication Date:** October 2003  
**Category:** Sports & Recreation, Motor Sports



# Creative HOUSE

A new imprint of Sally Milner Publishing Pty Ltd, **Creative House** authors cover the traditional soft crafts in a mid to lower price range —great for the buyer on a budget.

The range is a vibrant mix of titles in Patchwork & Quilting, Embroidery and Cross Stitch, as well as Folk Art and Decorative Painting. Each title has been prepared with an uncompromising attention to detail and quality. With page extents between 80pp and 120pp, the books are digestible and affordable. Most contain pattern sheets to support the project instructions in the text.

Authors include such well-known names in the craft world as Annette Stephenson (Handpainted Bears), Karen Fall (Quilting) and Gloria McKinnon (Ribbon Embroidery).

All 30 titles are 11" x 8" soft cover, four color throughout, and each one is packed with great projects, all beautifully photographed to bring out the lustre and texture of the works.

*Contact your representative for information and/or a catalog.*



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**Publisher:** Gallery Six  
**Price:** \$ 24.95 US; \$ 34.95 Canadian  
**Trim Size:** 5 1/2" x 7 1/2"  
**Format:** Trade Paper + 2 CDs  
**Pages:** 144 • **Illustrations:** 72  
**ISBN:** 0-9729733-0-3  
**Publication Date:** September 2003  
**Category:** fiction

### MARKETING & PROMOTION

- Advertising in *Publishers Weekly*, *UTNE Reader*, *Beat Fanzines*.
- POP available.
- Full service to daily and weekly newspapers.
- TV and Radio Campaign, NPR, and Live Performance in NYC and San Francisco
- Full color posters available upon request
- Special Collector's Edition

Jack Kerouac's enduring popularity is evidenced by the recent sale at auction of his manuscript of *On the Road*, which broke a world record at 2.4 million dollars and continues to sell over 100,000 copies per year. This will be an extremely well-received release, introducing the world to one of Kerouac's remarkable unseen works.

## DOCTOR SAX AND THE GREAT WORLD SNAKE:

A multimedia experience  
**Jack Kerouac**

*An astonishing discovery was recently made among the Kerouac archives; that he had written a screenplay, a script for a motion picture based on his classic novel, Doctor Sax - the only known existing screenplay to have been written by one of America's most renowned and influential authors. Kerouac's imagination runs wild in this screenplay, which cleverly combines child-like fantasies with true recollections of his childhood growing up in the industrial mill town of Lowell, Massachusetts in the 1930s. A time when things like the Merrimack River, abandoned buildings, religious memorials, and strange noises in the night ignited the unique talent of one of the great writers of the twentieth century.*

Welcome to the world of 11-year-old Jacky Dulooz; a world of sinister plots, mischievous, youthful antics, underworld evildoers, colorful neighborhood characters and childhood chums.

*Gallery Six is honored to introduce this Collectable Special Edition in its original form with over 70 illustrations by Richard Sala, and includes audio readings by celebrated writers, poets and recording artists with an original music score by John Medeski.*

### THE PACKAGE:

Gallery Six has created an exciting and attractive multimedia package: 2 audio CDs and illustrated book packaged together in an 8-panel fully-illustrated folding 'digipak' measuring roughly 7½" in. high X 5½" wide. The CDs sit in disc trays and the book fits into a panel pocket. The outside cover of the digipak has the appearance of a classic cloth-bound hardcover novel that will fit comfortably on a bookshelf.

### THE AUDIO:

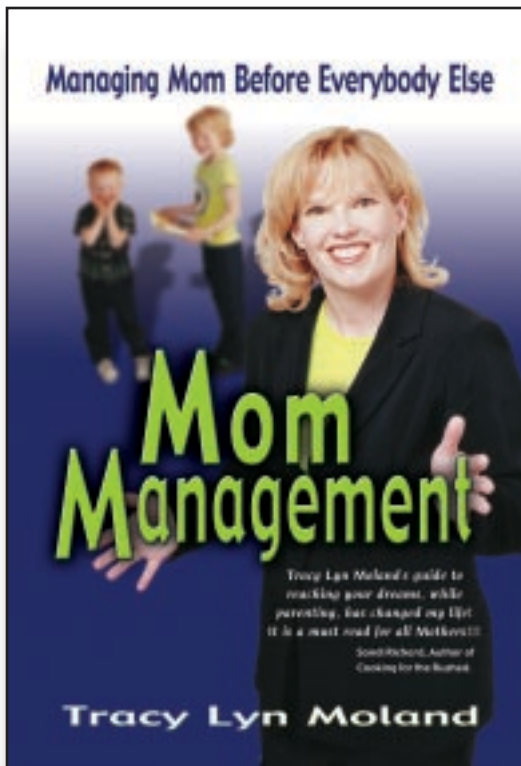
The spoken word version of the screenplay is produced in a style reminiscent of the 1930's radio show, *The Shadow*. The readers, all literary and entertainment greats, include Jim Carroll (Basketball Diaries), Robert Creeley, Lawrence Ferlinghetti, Robert Hunter (of The Grateful Dead), and Graham Parker, winner of Publishers Weekly 1996 Best Dramatic Reading for his work on the Jack Kerouac audio book *Visions of Cody*. John Medeski, of Medeski Martin and Wood, one of the foremost jazz groups in the world, has created a score that lifts Kerouac's prose off the page. Produced by Jim Samps (Badlands: A Tribute to Bruce Springsteen's Nebraska, From A Window: Lost Songs of Lennon & McCartney).

### THE BOOK:

The book is the unabridged, illustrated version of the manuscript, printed in the form of a screenplay. It consists of 74 pages of text as originally laid out and created by Kerouac. Accompanying nearly every page of text are 72 superb illustrations created by Richard Sala ([www.richardsala.com](http://www.richardsala.com)), one of today's most highly regarded Illustrators/Artists. The illustrations are in the style of a 1930's mystery novel and/or classic horror comic book. Introduction by renowned historian Douglas Brinkley.



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**Publisher:** The Gift of Time  
**Price:** \$21.95 Canadian  
**Trim Size:** 6" x 9" • **Format:** Trade Paper  
**Pages:** 192 • **Illustrations:** none  
**ISBN:** 0-973-0704-0-4  
**Publication Date:** September 10, 2003  
**Category:** Self Help/Parenting

#### MARKETING & PUBLICITY

- Tour of all major Canadian Cities
- All national media—including television, radio and print
- Interviews and articles in major Canadian publications
- Exposure throughout the United States

## MOM MANAGEMENT

Managing Mom Before Everybody Else  
**Tracy Lyn Moland**

*All the hints, tips, and expert information you need to Take Care of the Me in Mommeeee™. Mom Management™ is an energizing book that reminds Moms that it is not only okay but necessary to take care of themselves. By caring for themselves, Mothers are stronger to care for those around them. Upon completion of this book - or even sections - Moms will find themselves equipped with a variety of positive tools they can use to take care of the ME in Mommeeee!*

- Rediscover your Dreams
- Create a Life Map
- Find Me Time

#### Based upon experiences of many Mothers

- Tips and suggestions from mothers with children of all ages
- Information from a variety of mothers—single, married, working, at home, working from home, etc.
- Filled with practical ideas and activities to guide mothers (or any reader) to include Me on their list of priorities.
- Covers dreaming, goal setting, and life balance
- Contains realistic time management and organization skills
- Workbook format

#### Praise for Mom Management™:

**Joanne Good, Family Matters, Calgary Herald:**

*Mom Management...is a wonderful book for Mothers. Rather than being overwhelming, it is comforting. It is a well organized, step-by-step guide that helps Mothers turn dreams into to-do lists.*

**Jenny Hoops, author of *The Dance of Success*:**

*Tracy Lyn Moland has written a gem of a guide for busy people! All her ideas are practical and come from her wealth of experience as a busy, successful Mom. No Mom should be without a copy of this book!*

**Tracy Lyn Moland** lives the life she writes and speaks about. She is a Mother, a wife, a daughter, a sister, a friend, an entrepreneur, an author, a professional speaker, a teacher, a volunteer, and most importantly, HERSELF. Mom Management™ is her journey of rediscovering her sense of self. Tracy Lyn has learned that by making sure to include "ME" on her list of life roles, her energy and ability to perform all her other roles has improved. She is nationally and internationally known for her expertise in living a balanced life. Her writing and speaking topics are in demand across Canada and the United States.



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# Good Weight Good Heart with the Montignac Diet

Dr. Jean G. Dumesnil & Michel Montignac

The #1 bestseller in its 2002 French and Canadian edition, *Bon Poids Bon Coeur*

For more than 15 years, Michel Montignac has consistently given the same nutritional advice. Eating a diet that is low in fat, with avoidance of sugars and those carbohydrates that rank high on the glycemic index, instead choosing carbohydrates that are low in glycemic index, instead of those that are high in glycemic index. Dr. Jean Dumesnil, a renowned Canadian cardiologist who lost 45 lbs. on the Montignac diet, and his team, in addition to "licking" his cholesterol levels, also achieved dramatic results, he launched a study to discuss the role of diet in cardiovascular prevention. The results of this study and research from the Laval University study had the following results, which were published in the *British Journal of Nutrition*. Those subjects following the regimen had the following results:

- A 10% reduction in waist measurement
- A 10% reduction in triglyceride levels in the blood
- A reduction of 35% in insulin levels after only 6 days
- A 10% reduction in insulin levels in the blood.

**Publisher:** Royal Dumont Publishing  
**Price:** \$22.95 Canadian  
**Trim Size:** 6" x 9" • **Format:** Trade Paperback  
**Pages:** 228 • **Illustrations:** Line drawings  
**ISBN:** 0-9733405-0-9  
**Publication Date:** September 2003  
**Category:** Diet

Says Dr. Dumesnil, "I'd venture to predict that one day sugar will be considered the nicotine of the 21st century." Good Weight Good Heart with the Montignac Diet is a convincing explanation of how Montignac's glycemic-index concept will prove effective in achieving weight loss, in lowering insulin rates and maintaining a healthier metabolic profile.

## MARKETING & PROMOTION

- Cross Canada tour
- Radio & Television appearances

- An easy to follow method that is not restrictive, leaving the dieter satisfied and more likely to stay with it
- Meals akin to gourmet dining - the opposite of bland dieting
- A balanced approach that avoids the kind of excess inherent in many other diets like Ornish and Atkins

**Dr. Jean G. Dumesnil** is a professor of medicine at Laval University in Quebec and staff cardiologist at the Quebec Heart Institute. He is the author of more than 100 scientific publications pertaining to research on cardiac physiology



**MINT**  
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**Publisher:** Visible Ink Press  
**Price:** \$ 24.95 US; \$ 37.50 Canadian  
**Trim Size:** 7.25" x 9.25" • **Format:** Trade Paper  
**Pages:** 500  
**Illustrations:** 125+ B/W photographs  
**ISBN:** ISBN: 1-57859-146-5  
**Publication Date:** September 2003  
**Category:** Metaphysical/Occult

## Real Ghosts, Restless Spirits, and Haunted Places

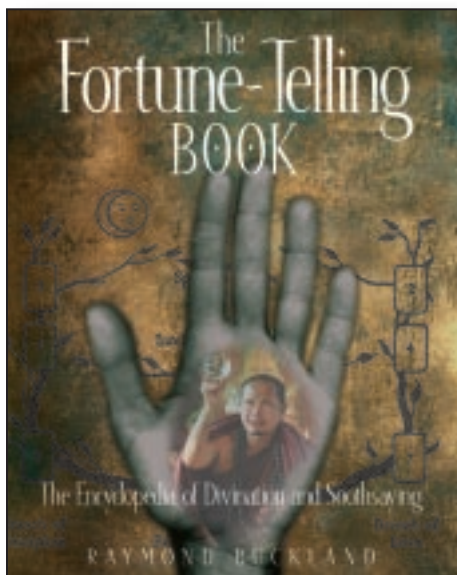
Brad Steiger

*44 topical chapters such as "Ghosts That Saved Lives," "Invisible Home Wreckers," "Phantom Automobiles," "Ghost Trains," "Haunted Mansions" -- even "Demonic Spirits That Whisper Commands to Kill."*

*Written by a real-life ghost hunter. Since 1958, the author has been invited to dozens of private homes, office buildings, dormitories, hospitals, and sacred areas in 46 states and other countries including Canada, Egypt, Israel, Jordan, and Peru to investigate haunting manifestations.*

*More than 125 photos, including unretouched photographs of supernatural manifestations.*

- True ghost stories for all ages and levels of skepticism.
- Captivating stories of spooky, funny, and inexplicable activities.
- Provides the evidence and lets the reader decide.
- Includes well-known cases, like the infamous Amityville house, as well as stories first presented here.



**Publisher:** Visible Ink Press  
**Price:** \$ 24.95 US; \$ 37.50 Canadian  
**Trim Size:** 7.25" x 9.25" • **Format:** Trade Paper  
**Pages:** 500 • **Illustrations:** 100 B/W  
**ISBN:** ISBN: 1-57859-147-3  
**Publication Date:** September 2003  
**Category:** Metaphysical/Occult

## The Fortune-Telling Book: The Encyclopedia of Divination and Soothsaying

Raymond Buckland

*Written by a best-selling author and Romany (Gypsy) seer, Tarot reader, and designer of fortune-telling decks who received the 2002 Visionary Award for his Buckland Romani Tarot.*

*400 terms and concepts explained, from aeromancy to Nostradamus to zoomancy.*

*100 photographs and illustrations, additional reading chapter, comprehensive index.*

- Perennial topic that has seen a significant growth in interest and participation.
- Intriguing explanations of terms and concepts, plus instructions about how to foretell your own fate.
- Offers colorful histories, biographies of famous and interesting soothsayers, and significant events.
- A little bird tells us (via orithomancy) that this book is bound for bestsellerdom.



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**Publisher:** Visible Ink Press  
**Price:** \$ 24.95 US; \$ 37.50 Canadian  
**Trim Size:** 7.25" x 9.25" • **Format:** Trade Paper  
**Pages:** 400  
**Illustrations:** 100 photographs  
**ISBN:** 1-57859-155-4  
**Publication Date:** January 2004  
**Category:** Film/Entertainment

## VideoHound's Groovy Movies:

Far-Out Films from the Psychedelic Era  
**Irv Slifkin**

*Rides the retro wave celebrated by parody flicks like Austin Powers and Hollywood remakes like Point Blank, The Big Bounce, Get Carter, and The Thomas Crown Affair.*

*The groovy flicks in this book are being viewed and revered by a new, younger generation of fans and rewatched by baby boomers.*

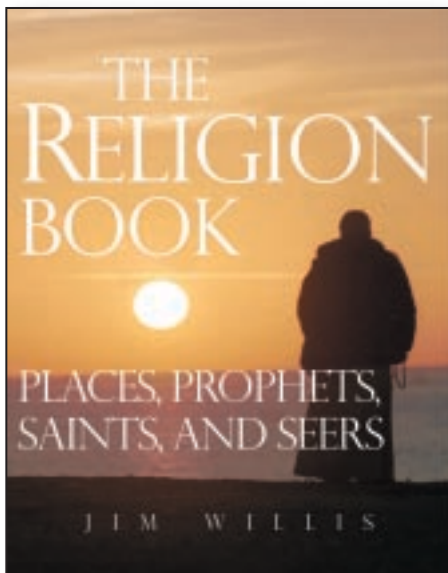
*Covers the gamut of groove: spies, private eyes, far-out sci-fi, drug-fueled frolics, and sexy shagadelic sagas of the 1960s and 1970s -- from true classics (James Bond, Derek Flint, Matt Helm, Harry Palmer) to films that are fun for their camp value alone.*

20 topical chapters such as "It's a Mod, Mod, Mod World" and "Don't Bogart That Trip My Friend."

Every taste is represented – from foreign shores to westerns, comedies to sex-filled romps, blaxploitation to schlock horror, animation to acid rock.

Like all VideoHound titles, packed with photos and indexes that other movie guides only wish they had.

Written by longtime movie critic and writer/editor for Movies Unlimited, a leading video retailer and publisher of the annual encyclopedic Movies Unlimited Video Catalog.



**Publisher:** Visible Ink Press  
**Price:** \$ 24.95 US; \$ 37.50 Canadian  
**Trim Size:** 7.25" x 9.25" • **Format:** Trade Paper  
**Pages:** 550 • **Illustrations:** 100 B/W  
**ISBN:** ISBN: 1-57859-151-1  
**Publication Date:** September 2003  
**Category:** Religion

## The Religion Book:

Places, Prophets, Saints, and Seers  
**Jim Willis**

*Timely, covering religious topics that appear in everyday news.*

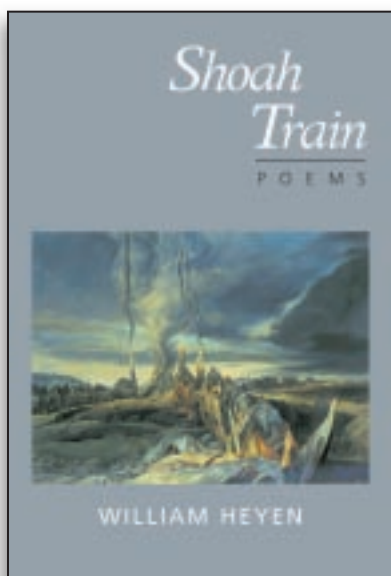
*Written by minister and professor of comparative religion and cross-cultural studies.*

*Down-to-earth descriptions of 300 key religious figures, prophets, deities, places, and scriptures of major and minor religions -- from Aaron to Zoroastrianism.*

- Handy, comprehensive, respectful, for all ages.
- Good for armchair theologians, students of religion, pop culture enthusiasts.
- 300 topics covered, from Allah to Zeus, and from Adventists to Raelians to Zoroastrians.
- 100 photos, additional resources chapter, comprehensive.



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## Shoah Train

### William Heyen

*New collection of work by award-winning poet William Heyen, whose earlier poetry on the Holocaust is critically acclaimed and widely taught.*

- Poetry with the holocaust as subject matter.
- Important work for Jewish studies, American studies.

#### Praise for William Heyen's work:

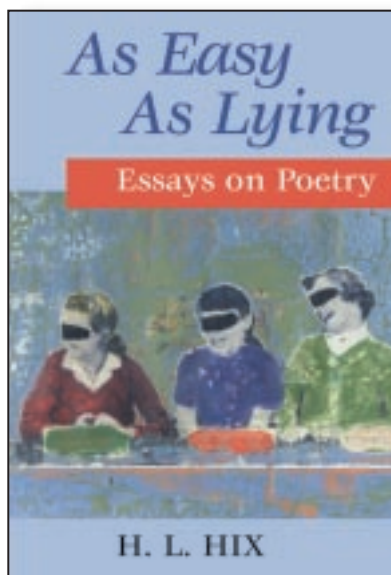
"The most powerful book I have read this year is William Heyen's *The Swastika Poems*.... I know no other book so firmly integrated.... Sober and chilling, songs in shadowed measures, each leading forward into intenser realizations, darker clarities, these poems will invade your dreams."

—Hayden Carruth, *The Nation*

"[*Erika: Poems of the Holocaust*] is an act of strenuous self witness ... about the function of the imagination—its power and its limits when it comes up against the presumably untransformable facts of the Holocaust ... as in the incredibly powerful 'Poem Touching the Gestapo' or 'The Trains'."

—Jorie Graham, *New York Times Book Review*

**Publisher:** Etruscan Press  
**Price:** \$29.95 US; \$44.95 Canadian (Hardcover)  
\$15.95 US; \$23.95 Canadian (Paperback)  
**Trim Size:** 6" x 9"  
**Format:** Hardcover/Trade Paper • **Pages:** 96  
**ISBN:** 0-9718228-6-7 (hardcover)  
0-9718228-7-5 (paperback)  
**Publication Date:** September 2003  
**Category:** Poetry



## As Easy As Lying

Essays on Poetry

H. L. Hix

*Collection of essays on poetry by award-winning poet H. L. Hix. Essays that are useful in a variety of contexts—in creative writing and literature classes, and in augmenting discussions of poetry, for readers interested in finding out the way contemporary writers think and respond to one another's work, and also for an overview of the issues pertinent to contemporary American poets.*

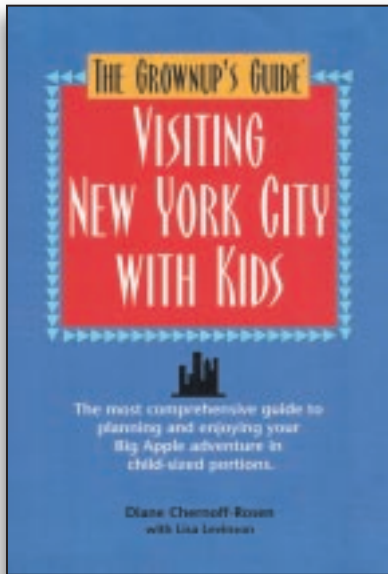
- **Variety of audiences:** students, lovers of poetry.
- **Style:** very elegantly written book. Satisfies experts, won't intimidate beginners.

Brief, comprehensive essays. See especially the first essay on "First Books" and the last essay, aphorisms that have been compared to Wittgenstein. Also, pungent reviews of important books by representative authors from disparate schools, backgrounds. These essays are fair-minded, non-partisan, and yet original and insightful.

**Publisher:** Etruscan Press  
**Price:** \$17.95 US; \$25.95 Canadian  
**Trim Size:** 6" x 9" • **Format:** Trade Paper  
**Pages:** 160  
**Illustrations:** none  
**ISBN:** 0-9718228-3-2  
**Publication Date:** September 2003  
**Category:** Collection of literary essays



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## Grownup's Guide to Visiting New York City with Kids

Diane Chernoff-Rosen

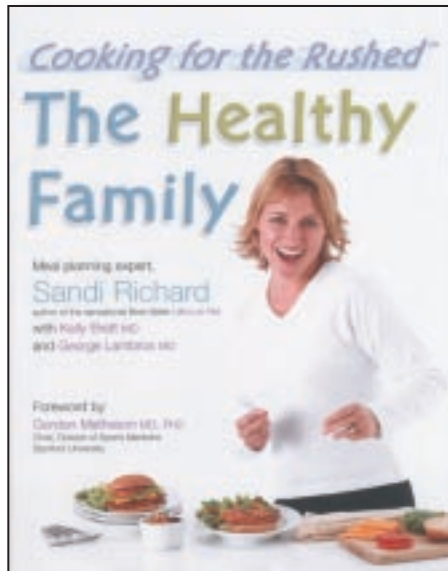
*The target audience for The Grownup's Guide to Visiting New York City with Kids are the more than 32 million tourists that visit New York City every year, residents of the New York metropolitan area that spend time in the city, resident New Yorkers who need ideas for entertaining young guests and anyone else interested in getting the most out of the city.*

This one-of-a-kind family visitor guide is packed with street-smart recommendations to:

- whet the urban and cultural appetite of young explorers
- find kid-friendly entertainment and attractions
- locate great hotels at all prices
- navigate the city like a pro
- satisfy the pickiest of food critics
- shop for all ages, sizes and budgets
- access hundreds of resources for every away-from-home need imaginable

Included are detailed listings of retail establishments in children's goods, cultural activities, attractions, children's entertainment venues, restaurants and hotels. Businesses and services are not rates or reviewed, but are presented in an objective, easy to use, format.

**Publisher:** Grownup's Guide  
**Price:** \$18.95 US; \$28.95 Canadian  
**Trim Size:** 6" x 9" • **Format:** Trade Paper  
**Pages:** 403  
**Illustrations:** none  
**ISBN:** 0-9663392-4-X  
**Publication Date:** March 2003  
**Category:** Children/New York City/Tourism  
**Carton Qty:** 20



## The Healthy Family

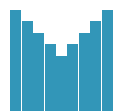
Cooking for the Rushed

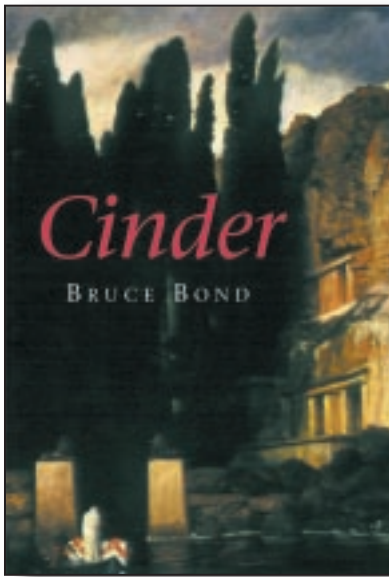
Sandi Richard with Kelly Brett, M.D.,  
 George Lambros, M.D.

*This book is about dinners, healthy dinners, no desserts, no fancy appetizers, just amazing tasting food, that your family will actually eat. Meal planning expert Sandi Richard conveys her passion for healthy, fast meal preparation in a book that is light hearted, factual, practical and simple to read. Collaborators Kelly Brett MD, an NHL team physician, and Gorge lambros, MD, a family and sports medicine physiian, contribute an understanding of the relationship between physical activity and the food we eat.*

- 20 minutes or less to prepare a full dinner
- Full color photo for every recipe
- Nutritional information for every recipe, including fiber
- Grocery lists for 7 weeks of dinners
- Sandi's trademark left to right format makes it easy for even kids to follow the recipe
- Based on five years of testing dinners with real families on the go
- QVC appearance in May

**Publisher:** Cooking for the Rushed  
**Price:** \$ 22.95 US; \$29.99 Canadian  
**Trim Size:** 8.50" x 11"  
**Format:** Trade Paper with flaps  
**Pages:** 193 • **Illustrations:** 35 color photos  
**ISBN:** 0-9685226-2-9  
**Publication Date:** March 2003  
**Category:** Cooking, Diet





## Cinder Bruce Bond

*A new collection, post-9/11, aware of loss and cultural fragmentation, but attempting also to make personal sense out of chaos. Poems of power and complexity from an incredibly gifted poet whose training in music and art give these poems a multidimensional quality, and a wide range of reference points.*

- Collection of poetry by award-winning poet Bruce Bond, one of the most important poets of his generation (born 1954).
- A poet at the height of his powers, whose readership is growing, as the neo-classical movement gains attention.

### Praise for Milton Kessler

“Kessler sharp phrases catch the motion, textures, and strange, beautiful voices of a physical world we live in but never fully know.”

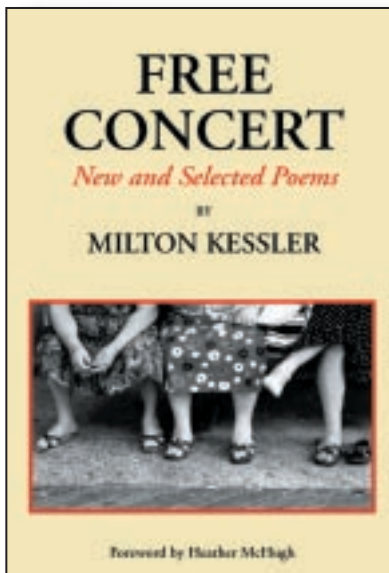
—Camille Paglia

“A lyricist capable of lovely and musical effects.”

—Elizabeth Bishop

“A good book like this [Grand Concourse] is a gift to the world, a tourniquet to staunch the bleeding.”

**Publisher:** Etruscan Press  
**Price:** \$14.95 US; \$22.95 Canadian  
**Trim Size:** 6” x 9”  
**Format:** Trade Paper  
**Pages:** 80  
**Illustrations:** none  
**ISBN:** 0-9718228-5-9  
**Publication Date:** Available  
**Category:** Collection of poetry



## Free Concert New and Selected Poems Milton Kessler

*The selected life’s work of a major poet who influenced and was influenced by some of the great writers of the 20th century, including Elizabeth Bishop, Arthur Miller, Camille Paglia, and David Ignatow. Important for an overview of the century’s movements—especially objectivism. Kessler was also an influential critic, editor of Choice magazine, and a beloved teacher.*

- Generous selections from complete life’s work.
- Poems of incredible range—from haiku-like poems to others of great sonority and power.
- Important poet for the Jewish community, for New York community, and for urban studies.

### Praise for Bruce Bond

In this, his most intricately composed book, his most important yet, Bruce Bond has achieved a sonorous grandeur.”

—Bin Ramke

**Publisher:** Etruscan Press  
**Price:** \$29.95 US; \$44.95 Canadian (hardcover)  
 \$17.95 US; \$26.95 Canadian (trade paperback)  
**Trim Size:** 6” x 9”  
**Format:** Hardcover/Trade Paper  
**Pages:** 144 • **Illustrations:** none  
**ISBN:** 0-9718228-2-4 (hardcover)  
 0-9718228-4-0 (paperback)  
**Publication Date:** Available  
**Category:** Collection of poetry



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Fax: (514) 843-7798  
E-mail: hornblower@axess.com

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# Mint Publishers Group

# ORDER FORM

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**Ship To:**

Sales Representative:

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QTY	ISBN	Description	Unit Price (CDN)
	0954414713	The 2004 Formula 1 Annual	60.00
	0972973303	Doctor Sax and the Great World Snake	34.95
	0973070404	Mom Management	21.95
	1578591465	Real Ghosts, Restless Spirits, and Haunted Places	37.50
	1578591473	The Fortune-Telling Book	37.50
	1578591554	VideoHound's Groovy Movies	37.50
	1578591511	The Religion Book	37.50
	0971822875	Shoah Train (paper)	23.95
	0971822867	Shoah Train (hardcover)	44.95
	0971822832	As Easy As Lying: Essays on Poetry	25.95

QTY	ISBN	Description	Unit Price (CDN)
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